



ALL TOGETHER BETTER

Groups or Individuals Looking for **One-Time** Volunteer Opportunities

Events are a great way for you or your group to get involved without making a long-term commitment.

YMCA PROGRAMS & EVENTS

CHILD CARE FOR PARENT'S TIME OUT

PTO is a program where parents can drop their kids off at the Y and we provide an evening of activities, dinner, games, swimming and movies while the parents get the night to themselves. PTO is open to kids ages 4 months -12 years. Volunteers are needed to help with set-up, take-down, swimming, activities such as reading stories, puzzles, craft projects and playing with kids. We can take a max of 8 volunteers. Minimum age to volunteer is 12.

Times: 5-9pm

Downtown YMCA Dates: Sept 20 | Oct 12 | Nov 8 | Dec 7

Hermantown YMCA Dates: Nov 23 | Dec 13

Note: There will be a special **Parent's Day Out** on Saturday Dec 21 at both locations from 1:00-4:00pm.

COMMUNITY FAMILY FUN DAYS

Volunteers are needed to help kids and families with arts projects, activity stations, handing out snacks and assisting with the rock climbing wall. Each month there will be a new theme with correlating activities. Minimum age to volunteer is 13.

Times: 1:45-4:15pm (the actual event goes from 2-4pm)

Downtown YMCA Dates: Sun Sept 15 "Back to School Theme" | Sun Nov 10 "Dr. Seuss Theme"

Hermantown YMCA Dates: Sat Oct 26 "Halloween Healthtacular" | Sun Dec 8 "Winter Holidays"

ASSIST WITH A YMCA SWIM MEET

Get up close to Olympic style swim action right here in Duluth! Volunteers are needed to help with timing the racers, concessions and assisting swimmers into their lanes. Minimum age to volunteer is 16.

When: Saturdays

Where: Lincoln Park Middle School

Time: We have shifts available from 9:30am-5:30pm

ANNUAL FUNDRAISING CAMPAIGN CELEBRATION

Do you love decorating? This is the gig for you! We need help setting up and decorating for our Annual Campaign Celebration.

When: Thurs November 21 from 12-2pm

Where: Hermantown YMCA

WORK PROJECTS

WE'RE LOOKING FOR A GROUP TO HELP PAINT THE BEACH HOUSE FLOOR

Join us as we spruce up the Beach House

We are flexible on the times and days but we would be looking to accomplish this after the swimming season so either September 9-10 or September 16-17.

For more information or questions, please contact:

Gina Miller | gmillier@duluthymca.org
722-4745 x159

To register, visit our website under "Register for Programs" or you can stop by or call the Member Service Desk.