



ALL TOGETHER BETTER

Groups or Individuals Looking for **One-Time** Volunteer Opportunities

Events are a great way for you or your group to get involved without making a long-term commitment.

YMCA PROGRAMS & EVENTS

CHILD CARE FOR PARENT'S TIME OUT

PTO is a program where parents can drop their kids off at the Y and we provide an evening of activities, dinner, games, swimming and movies while the parents get the night to themselves. PTO is open to kids ages 4 months -12 years. Volunteers are needed to help with set-up, take-down, swimming, activities such as reading stories, puzzles, craft projects and playing with kids. We can take a max of 8 volunteers. Minimum age to volunteer is 12.

Dates: May 17 | June 14 | July 12 | August 9

Times: 5-9pm

VOLUNTEERS NEEDED FOR SUMMER YOUTH BASEBALL PROGRAM

The Miracle League is a program that provides youth ages 4-19 with disabilities, an opportunity to play baseball as a team member in an organized league. The Miracle League believes "Every Child Deserves a Chance to Play Baseball." Volunteers are mainly needed to serve as buddies for kids in the program. Buddies assist Miracle League players so it could be anything from helping them at bat, get from base to base or even just cheering them on. Other volunteer positions include: Coach, Pitcher, Catcher & Dugout Manager. Minimum age to volunteer is 8 (youth ages 8-10 must have an adult present).

Program Site: Miracle League Field (located in Harrison Park in West Duluth)

Days & Times: This program runs Saturday mornings during the summer (June 15-August 3). Volunteers don't need to attend every game but we do ask you commit to most of the games...we know people are busy in the summer!

CAMP MILLER WORK WEEKEND

What: A full day of FEEL GOOD labor. Projects may include things like raking, cleaning, painting and much more! This work weekend is in memory of Jeff Palmer, former Director of both Camp Miller and the Duluth YMCA. Overnight accommodations available for Saturday.

When: Saturday June 1

Time: 9:00am-4:00pm (lunch provided)

Where: YMCA Camp Miller, Sturgeon Lake, MN (89382 E. Frontage Rd., Sturgeon Lake, MN 55783)

Age Requirements: Most projects can accommodate various ages including youth.

SIDEWALK SHUFFLE 5K RACE

On Wednesday July 10, the Y will be holding its annual Sidewalk Shuffle 5K run/walk to raise money for our Annual Campaign which raises funds for our financial assistance program. We're looking for volunteers to hand out water, track time, serve post-race snacks and cheer our racers on!

Packet Stuffing:

Date: Monday July 8 from 4:00-7:00pm

Packet Pick-Up:

Date: Tuesday July 9 from 3:00-7:00pm

5K Race:

Date: Wednesday July 10

Times: Volunteer are needed between 10:45am-1:30pm

Where? The race takes place on the Lakewalk and the start and finish line is located at the Endion Station.

Who can volunteer? Really anyone! This is a great event for youth groups or families to do together. Note: Youth under age 11 must have an adult present.

SANDMODELING CONTEST AND WATER SAFETY EXPO

Care to spend a couple of hours at the beach??? Volunteers are needed to help at the Beach House (selling concessions, etc.) and running beach games and activities outside on the beach.

When: Thursday July 18

Time: We have two shifts available (11am-1pm and 12:45-3:00pm)

Where: The Beach House at the end of Park Point

ASSIST WITH A DULUTH COMMUNITY GARDEN PROJECT

A Togetherhood Volunteer Opportunity

We are getting a group of Y members together to volunteer with the Duluth Community Garden Program. This summer, we'll be helping build a fence at the Fox Hole Community Garden located in Observation Hill.

When: Tuesday July 23 at 5:30pm

WOODLAND COMMUNITY CENTER BBQ

Join us as we celebrate National Night Out!

Volunteers are needed to help with set-up, serving food, running activity stations and clean-up. BBQ dinner included for all volunteers.

Minimum age to volunteer is 13.

When: Tuesday August 6

Time: 4:30-7:15pm

Where: Woodland Community Center | 3211 Allendale Ave

WORK PROJECTS

We can accommodate just about any size group for a cleaning or organizing project at any of our locations including: The Downtown Branch, Camp Miller, Harbor Highlands Community Center, Gary Rec Center and the Woodland Community Center.

For more information or questions, please contact:

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To register, visit our website under "Register for Programs" or you can stop by or call the Member Service Desk.